

Sadhana Satsang Weekend with Paul Muller-Ortega

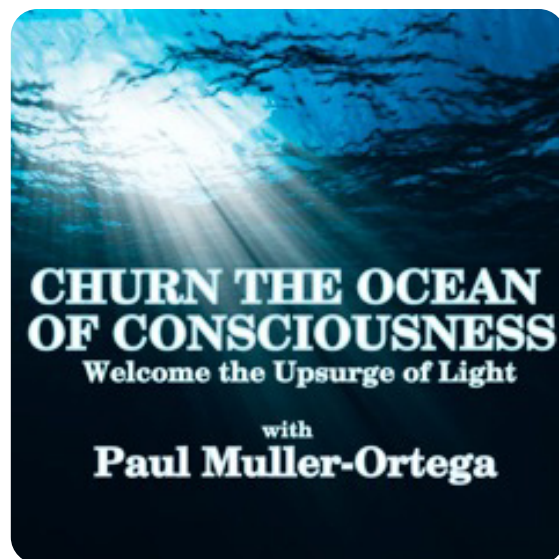
June 9th – 10th
10:00 – 1:00 and 2:30 – 5:30
Saturday and Sunday

Churn the Ocean of Infinite Possibility and thus invite the most auspicious life for yourself! The ancient Hindu myth of the Churning of the Ocean of Milk symbolically conveys the centrality and importance of true and authentic Yogic practice, Sadhana. It is Sadhana and not philosophy or mere ideology, which truly lies at the center of the Tantric Shaivite Yogic tradition. Through the daily application of profound and profoundly transformative Tantric Yogic practices, the practitioner begins to experience the nectarean luster of the Light of Consciousness within. Sadhana churns our awareness and allows for the arising of fulfillment as an ongoing quality of each moment of our lives. Through it, we gain increasing access to our natural and inherent talents, gifts and skills, which are activated spontaneously by profound and authentic deep practice. In this way, Sadhana becomes the living doorway through which we can inquire ongoingly into the nature of the Great Consciousness, indeed into Reality, into the very Existence of Life itself.

Embark upon a journey with renowned scholar and beloved teacher Paul Muller-Ortega for a weekend Sadhana Satsang where we will deepen our understanding of Tantric Sadhana, or spiritual practice, and learn powerful, elegant, yet accessible practices for the revelation of the Light of Consciousness. Paul will be guiding students in the experience of the Release Practice, Japa (recitation of mantras), Meditation, and other beautiful and potent practices.

About Paul Muller-Ortega

Professor Paul Muller-Ortega, Ph.D., is recognized internationally as one of the world's most highly respected and renowned academic scholars in the field of Indian Religion and Hindu Tantra. He is the founder of **Blue Throat Yoga**, which teaches the elegant Svatantra philosophy of Kashmir **Shaivism** along with the practice of **Neelakantha Meditation**. He has taught meditation to thousands throughout the world, as well as served as Professor of Religion at Michigan State and the University of Rochester. Paul brings to his teaching the rare combination of knowledge and experience taking his students on a profound guided tour of consciousness that is life-changing and enlightening.



denton yoga center registration information

Early bird, before May 18th : \$225
After May 18th : \$250

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For registration and questions
please contact Becky Klett

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